



Judges
Counselling
Program
Confidential
assistance for
judges and
their families

Judges Counselling Program Q3 Report Summary July 1, 2011 to March 31, 2012

Utilization

- 143 cases have been opened to date. Year-end utilization is projecting to reach 7.09%. This is greater than the 6.13% utilization reached last program year.
- The largest number of cases (54 cases or 38%) were opened in the 3rd quarter (Jan, Feb, Mar)
- 85% of the cases were for Counselling
- 15% of the cases were for WorkLife Services

Top Counselling themes were:

- Personal Stress (27%)
- Depression and Anxiety (12%)
- Separation and Divorce (7%)
- Addictions (7%)
- Workplace Stress (6%)
- Family Communication (6%)

Counselling Modality

- In Person (61%)
- Telephonic (27%)
- E-Counselling (2%)
- Video Counselling (0%)

Top WorkLife themes were:

- Elder/Adult Care (32%)
- Legal - *child support, civil litigation, property law* (23%)
- Nutrition (18%)

Demographics:

- 61% of clients identified as Judges
- 15% of clients identified as Spouse/partner
- 21% identified as Dependent
- 3% identified as Retired
- 52% of clients were Female
- 81% of clients were 50 years of age and over

How did you hear about the JCP?

1. Family Member – 30%
2. Previously a JCP client – 14%
3. Promotional Literature – 10%
4. Internal communication – 9%
5. Human Resources – 9%
6. Co-worker – 7%
7. Orientation – 2%
8. Supervisor/Manager – 2%
9. Web Intake – 2%

Referrals to Outside Resources

- 11 referrals provided
- 100% accepted
- Referrals provided for: Addiction Centres, Community Resources, Family Physicians, Psychiatric Counselling, and Specialized Counselling.