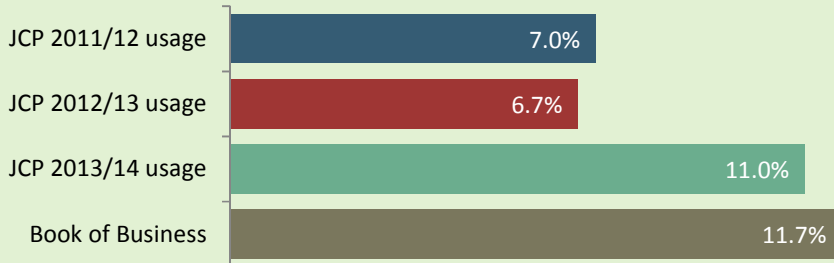


Executive Insights from your JCP

July 1, 2013 – June 30, 2014



JCP Usage Trends

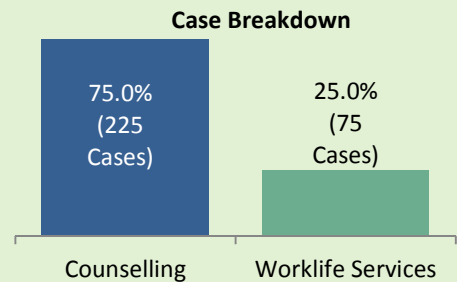
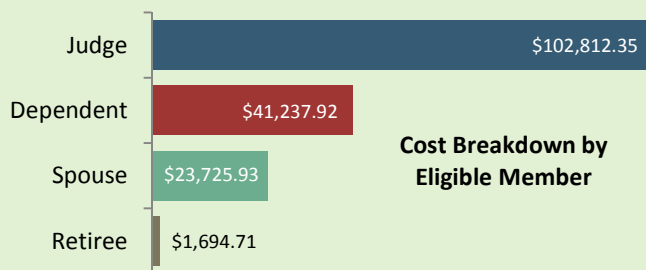


User Satisfaction
96%

Counselling Goals Met
97%

JCP usage
300 cases

Top Counselling Issues	# of Cases	Top WorkLife Issues	# of Cases
Stress - Personal	35	Fitness Coaching	38
Anxiety	24	Nutrition – Healthy Eating	11
Depression	16	Nutrition – Weight Management	5



Workplace Referral Program	2 cases	Referral-based, intensive and specialized intervention designed to help resolve workplace performance issues.
Judges Trial Support Service	1 case	A specialized, long-term counselling program designed to support Judges involved with difficult trials.

JCP Outcomes

Counselling Outcomes

- Of the respondents that reported their mental health was poor or fair, 70.00% reported an improvement in their mental health after counselling.
- Of the respondents that reported their issue or problem impacted their productivity at work half the time or more, 65.22% reported an improvement after counselling.

